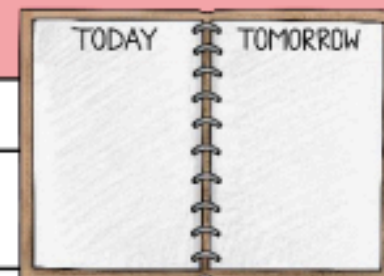


Planning Ahead



GREETING: High-five those around you!

INTRODUCTION: Planning is the ability to think ahead before starting a task. Being a good planner can help you accomplish your goals and do what you need to do.

DISCUSSION QUESTIONS

- What are some examples of tasks you might plan for?
- How can planning ahead help a task go smoothly?
- How does using a homework log help you plan?
- How can using a schedule or calendar help you plan?
- What are the benefits to planning ahead?
- Can you ever plan too much? Why or why not?

Activity #1

Scavenger hunt! Find (or picture) three tools that you could use to help you plan. What are they and how could you use them?

Activity #2

Imagine you have a group project due at the end of the week on any topic you choose! With a partner, come up with 5 steps you will take to plan and complete the work.

Activity #3

Think of a situation when planning would be important (such as studying for a test). With a partner, act out what it might look like with AND without planning. Discuss the differences.

CLOSING: Lists are a great way to plan! Make a list with words or drawings to show what you need to do today.

FINAL THOUGHTS: Share any final thoughts, questions, concerns, or needs.