

Organization



GREETING: Give a fist bump to everyone else in the group.

INTRODUCTION: Being organized means having a neat and orderly system to complete a task. Staying organized can help you keep track of materials and plans.

DISCUSSION QUESTIONS

- What are the benefits to staying organized?
- How does it feel when you are organized? How does it feel when you are disorganized?
- What are some strategies for staying organized?
- What tools can you use to stay organized?
- What can you do if you notice you are starting to get disorganized?

Activity #1

People organize in different ways. That's okay as long as it is neat and tidy! Talk with a partner about how you organize: your room, your binder, your backpack, your locker, your desk, and an essay.

Activity #2

Check-in time! Having a weekly organization check can help you stay organized. Take out your binder. Review how organized it is and then tidy it by putting papers in the correct spots.

Activity #3

Part of being organized is cleaning up after yourself and staying tidy. Look around the room and find one thing you could clean or tidy. Then, do it!

CLOSING: Staying organized is a practice that takes effort! What can you do today to help yourself stay organized, neat, and tidy?

FINAL THOUGHTS: Share any final thoughts, questions, concerns, or needs.